

# How To Comb Out Lice

## 1 Wash and Condition Hair

- 1 Washing the hair helps soften it for easier combing. Lice removal works best on wet hair.



## 2 Detangle With Wide-Tooth Comb

- 2 Gently comb hair with a wide-toothed comb to remove tangles and knots.



## 3 Remove Lice and Nits Using a Nit Comb

- 3 Use a nit comb or other fine-tooth comb to remove lice and eggs (nits) from hair.



## 4 Clean The Comb(s)

- 4 Remove lice and debris from the combs. Lice cannot live on the combs, but you can wash and sterilize the combs as desired.



## Repeat

- 5 After each treatment, check the hair and repeat combing steps to remove lice and nits every 2-3 days for the next 2-3 weeks or until all lice are removed.

