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Health Department to offer free flu shots, COVID boosters before the holidays

Eau Claire, November 17, 2022 – The Eau Claire City-County Health Department will offer free flu shots and COVID-19 boosters at a community vaccination clinic at the Eau Claire County Courthouse this Monday, November 21 from 3 p.m. to 6 p.m.

Kids ages 6 months to 18 years old can get a free flu shot at this clinic. Free fall COVID-19 boosters will also be available for kids 5 years and older, and for adults. Appointments are encouraged to save time but aren't required. People can make an appointment by visiting ecvaccine.as.me.

About 23% of Eau Claire County residents have received their annual flu shot so far this season, according to [data from Wisconsin Department of Health Services](#). The Centers for Disease Control and Prevention and Wisconsin DHS recommend that **everyone 6 months and older get a flu vaccine this fall**.

It's a good idea to get your flu shot and fall COVID-19 booster before the holiday season. It takes about two weeks after getting a flu or COVID-19 shot for your body to build up defenses against infection, so getting up to date on those vaccines now can help protect you from becoming seriously ill with COVID-19 or the flu this winter season. It is safe to receive a COVID-19 vaccine and a flu shot at the same time.

"We're excited to offer another opportunity for people in our community to get up to date on their COVID vaccines, and for kids to get their flu shot, before the holiday season kicks off," says Kristy Polden, public health nurse at the Health Department. "We hope this clinic will be a convenient stop for people who haven't been able to get their flu shots and COVID boosters yet."

Monday's vaccination clinic will be held in room 302 on the ground floor of the Eau Claire County Courthouse, 720 2nd Ave., Eau Claire. Attendees should enter the building through Door C11E.

The new fall COVID-19 booster doses are also available at the Health Department. These "bivalent" vaccines help to protect against the Omicron variant as well as the original COVID virus strain. The CDC recommends that people 5 and older who have already received their first doses of Pfizer, Moderna, Novavax, or Johnson & Johnson get this booster, if it's been at least two months since their last COVID-19 shot.

Flu shots for adults: Many Wisconsin adults have not yet gotten their annual flu shot. Adult flu shots are available at your local doctor's office or pharmacy. You can also visit vaccines.gov to find more places to get a flu shot.

For more information on Health Department vaccine clinics, please visit our website at immunizations.ehealthdepartment.org or call us at 715-839-4718. For more information about vaccinations, visit [Immunizations: Childhood and Adolescent Vaccine Information | Wisconsin Department of Health Services](#).



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